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N.J. BOARD OF NURSING

ROBERT LOUGY
ACTING ATTORNEY GENERAL OF NEW JERSEY
Division of Law
124 Halsey Street, 5th Floor
P.O. Box 45029
Newark, New Jersey 07101
Attorney for the Board of Nursing

By: Barbara J.K. Lopez
Deputy Attorney General
(973) 648-7454

STATE OF NEW JERSEY
DEPARTMENT OF LAW & PUBLIC SAFETY
DIVISION OF CONSUMER AFFAIRS
STATE BOARD OF NURSING

IN THE MATTER OF THE SUSPENSION : OR REVOCATION OF THE LICENSE OF :

Administrative Action

LAUREN M. FORSHAY, RN License #26NR16836900

ORDER OF SUSPENSION
OF LICENSE

TO PRACTICE NURSING IN THE STATE OF NEW JERSEY

This matter was opened to the New Jersey State Board of Nursing ("Board") upon receipt of information indicating the following:

- 1. Lauren M. Forshay ("Respondent") is a Registered Professional Nurse ("RN") in the State of New Jersey and has been a licensee at all relevant times. (Exhibit A).
- 2. Respondent entered into a Private Letter Agreement ("PLA") with the Board on September 29, 2015. The PLA required,

in part, that Respondent enroll in and comply with the Board's designated intervention program, the Recovery and Monitoring Program ("RAMP"), to undergo evaluation, monitoring, and treatment, including random screens. The agreement, which was to remain private and confidential unless and until the Board received reliable information that Respondent had violated any term, was to have the force and effect of a Board Order within the intendment of N.J.A.C. 13:45C-1.4. (Exhibit B).

- 3. Respondent failed to refrain from the use of a potentially addictive substance (alcohol) as evidenced by testing positive for alcohol on October 15, 2015. (Exhibit C).
- 4. Respondent failed to follow the recommendations of RAMP to enter in-patient treatment. (Exhibit C).
- 5. Respondent failed to follow the recommendations of RAMP for lengthier enrollment in RAMP. (Exhibit C).
- 6. Respondent failed to respond to RAMP's efforts to redirect her towards compliance. (Exhibit C).
- 7. Respondent failed to successfully complete RAMP and was discharged from RAMP as noncompliant on November 2, 2015. (Exhibit C).
- 8. RAMP cannot assure the Board or the public that Respondent is safe to practice. (Exhibit C).

- 9. On March 18, 2016, a communication was sent to Respondent at her address of record by overnight and regular mail, advising Respondent that the Board had received information indicating that she was not in compliance with the PLA, and with her agreement with RAMP. Respondent was further advised to provide the Board with proof of any inaccuracy in that information within two weeks. (Exhibit D).
- 10. Respondent replied and indicated that after she became noncompliant with RAMP and was discharged from the program, she completed in-patient treatment and an extended care program. She then enrolled in the Professional Assistance Program (PAP) of New Jersey. (Exhibit E).
- 11. The PLA signed by Respondent provided for automatic suspension of Respondent's nursing license upon receipt of reliable information indicating that Respondent had violated any term of the private letter agreement. The agreement states that Respondent may, upon notice to the Board, request a hearing to contest the automatic suspension; however, at any such hearing, the sole issue shall be whether any of the information received regarding Respondent's violation of the agreement was materially false. The Board also reserved the right to bring further disciplinary action. (Exhibit B).

Respondent violated the PLA by: failing to refrain 12. from the use of a potentially addictive substance (alcohol) as evidenced by testing positive for alcohol on October 15, 2015; failing to follow the recommendations of RAMP to enter inpatient treatment; failing to follow the recommendations of RAMP for lengthier enrollment in RAMP; failing to follow RAMP's to redirect her towards compliance; failing successfully complete RAMP and by being discharged from RAMP as noncompliant on November 2, 2015. Each violation of the PLA constitutes a violation of N.J.A.C. 13:45C-1.4, subjecting Respondent to sanctions pursuant to N.J.S.A. 45:1-21(e), automatic suspension of her license as provided in the PLA.

ACCORDINGLY, IT IS on this day of W, 2016, HEREBY ORDERED that:

- 1. Respondent's license to practice nursing in the State of New Jersey is hereby suspended for her violation of the terms of the private letter agreement as set forth above, which is a violation of a Board Order within the intendment of N.J.A.C. 13:45C-1.4 and N.J.S.A. 45:1-21(e).
- 2. Respondent may, under the terms of the private letter agreement, request a hearing, upon notice, on the sole issue of whether information received that Respondent has failed to

comply with the terms of the private letter agreement was materially false.

3. In the event that Respondent seeks reinstatement of her New Jersey nursing license at any future time, the Board shall not entertain any application for reinstatement without a demonstration by Respondent that she is fit and competent to practice, in full compliance with a Consent Order containing terms and conditions similar to the private letter agreement, and that a Board-approved evaluator supports her reinstatement.

NEW JERSEY STATE BOARD OF NURSING

By:

Patricia Murphy, PhD,

Board President